

# New Jersey Chapter Scientific Meeting 2019



**March 22, 2019**

Princeton Marriott Forrestal  
Princeton, NJ

*Post Conference on Practice Management – March 23, 2019*

[Register Online Today!](#)

*Fostering Excellence in Internal Medicine*

This live activity has been designated for 6.0 CME credits.



# Meeting Highlights

- 2 SEP Modules included with registration
- Plenary sessions on non-alcoholic fatty liver disease, healthcare disparities, e-cigarettes and smoking cessation, screening for breast cancer
- Workshops on amyloidosis and cardiac involvement, syncope, HIV prevention, care of the transgender and LGBTQ patient
- Oral Abstract Presentations
- Poster Presentations & Community Service Projects
- ACPNJ Resident and Student Challenge Bowls
- The ACPNJ Story Slam and IMG Reception
- Wellness and #ProudtobeGIM
- Post Conference on Practice Management: Succeeding in Value-Based Care

Dear Colleagues,

We are so excited to be returning the Princeton Marriott Forrester for our 2019 Scientific Meeting and we cannot wait for you to join us on March 22, 2019 in Princeton.

Our Scientific Meeting, and our Post Conference Value-Based Care Symposium on March 23<sup>rd</sup>, are the perfect antidote to the stresses of practice. Here you will have the opportunity to recharge and reconnect with your peers, and engage with Chapter Leadership regarding all the opportunities and resources the College has to offer.

The meeting will provide top notch education with great speakers. You will have the opportunity to support our residents and students through the abstract poster competition and the Challenge Bowls, celebrate with our awardees, contribute to the Story Slam, and learn more about IMProud.

ACPNJ's premier meeting for general internists, subspecialty internists, hospitalists, allied health professionals, residents and medical students provides two days of learning and fun. There is so much to learn and do, mark your calendar now so you don't miss out.

In addition to earning CME and MOC credits, this conference is about making personal contacts and getting involved in your chapter. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you achieve not only your needs as a physician, but to also meet the needs of the patients you serve.

To ensure your place at this invaluable meeting, register at:

<https://store.acponline.org/ebizatpro/Default.aspx?TabID=1356&productId=226586816>

We look forward to seeing you in Princeton.

Sincerely,

Saba Hasan, MD, FACP - Southern Region Governor

Jonathan Shammash, MD, FACP - Northern Region Governor

Mirela Feurdean, MD, FACP - Scientific Meeting Chair

Tamie Proscia-Lieto, MD, FACP - Scientific Meeting Vice Chair



# Schedule at a Glance

## *Fostering Excellence in Internal Medicine*

Friday, March 22, 2019

**7:00 a.m.**

**Registration & Continental Breakfast**

**7:45**

**Welcome**

Governors' Welcome  
Welcome from the Chairs

**7:50**

**Wellness Activity**

Vani Maddali, MD

**8:00–11:00**

**SEP Module for ABIM Recertification\***

**2018 Update in Internal Medicine**

Nayan Kothari, MD, Sunil Sapru, MD and  
Sara L. Wallach, MD

**8:00**

**Non-Alcoholic Fatty Liver Disease: From Screening to Treatment**

Nikolaos Pyrsopoulos, MD

**8:50**

**Healthcare Disparities**

Davoren Chick, MD, FACP

**9:50**

**Break**

Visit the exhibits and College display

**10:15**

**Concurrent Workshops**

**Workshop 1: Amyloidosis and Cardiac Involvement**

Mark Jay Zucker, MD

**Workshop 2: Syncope: Update for 2019**

Nicholas Tullo, MD

**Workshop 3: HIV Prevention- Pre-Exposure Prophylaxis (PrEP) and Post-Exposure Prophylaxis (PEP)**

Amesika Nyaku, MD

**Workshop 4: Care of the Transgender and LGBTQ Patient**

Zil Goldstein, MSN

\* Included in conference fee for members, however members must register for session.

**11:05**

**E-cigarettes and Smoking Cessation- What We Know and What to Tell Patients**

Michael Steinberg, MD

**11:50**

**Awards Presentation**

**12:00 p.m.**

**Networking Lunch**

**Proud to be GIM Lunch & Panel Discussion**

Sarang Kim, MD #ProudtobeGIM

**1:00**

**Dedicated Abstract Poster Review & Community Service Projects Showcase**

Tamie Proscia-Lieto, MD, MBA

**1:30-4:30**

**SEP Module for ABIM Recertification\* 2018 Update in Hospital Medicine**

Nayan Kothari, MD, Sunil Sapru, MD and  
Sara L. Wallach, MD

**1:30**

**Residents Oral Research Presentations**

Moderator: Tamie Proscia-Lieto, MD, MBA

**2:45**

**Break**

Visit the exhibits and College display

**3:00**

**Concurrent Workshops**

**Workshop 1: Amyloidosis and Cardiac Involvement**

Mark Jay Zucker, MD

**Workshop 2: Syncope: Update for 2019**

Nicholas Tullo, MD

**Workshop 3: HIV Prevention- Pre-Exposure Prophylaxis (PrEP) and Post-Exposure Prophylaxis (PEP)**

Amesika Nyaku, MD

**Workshop 4: Care of the Transgender and LGBTQ Patient**

Zil Goldstein, MSN

# Schedule at a Glance

**3:45**

**Break**

Visit the exhibits and College display

**4:00**

**Resident Challenge Bowl**

Moderators: Ritesh Patel, MD, Daniel Goldsmith, MD and Daniel Matassa, MD

**Medical Student Challenge Bowl**

Moderator: Alla Fayngersh, MD and Jon Shammash, MD

**Screening for Breast Cancer in the 21st Century**

Nicole Polini, MD

**5:00**

**Presentation of Awards: Resident and Student Abstract and Oral Competition**

Tamie Proscia-Lieto, MD, MBA

**5:15**

**ACPNJ Story Slam & IMG Reception**

Moderator: Saba Hasan, MD

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**Saturday, March 23, 2019**

*Post Conference: Succeeding in Value-Based Care*

**7:15 a.m.**

**Registration/Breakfast**

**8:00**

**Primary Care's Role in Addressing Social Determinants of Health – Lessons from the Field**

Dayna Fondell, MSN, RN

**9:00**

**Transitions of Care**

Linda Thomas-Hemak, MD

**10:00**

**Break and Networking with Speakers**

**10:30**

**Motivational Interviewing for Patients with Addiction: The Stages of Change**

Kathy Pruzan, PsyD

**11:30**

**Hierarchical Condition Category (HCC) Coding**

TBD

**12:30 p.m.**

**Post Conference Concludes**

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## Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge in the areas amyloidosis and cardiac involvement, syncope, HIV Prevention- Pre-Exposure Prophylaxis (PrEP) and Post-Exposure Prophylaxis (PEP), and caring for transgender and LGBTQ patients
- Discuss recent advances in non-alcoholic fatty liver disease, healthcare disparities, e-cigarettes and smoking cessation, and breast cancer screening
- Discuss primary care's role in addressing social determinants of health, the importance of managing transitions in care, conduct motivational interviewing for patients with addiction, and how to best utilize Hierarchical Condition Category coding

# Meeting Information

## Faculty

**Davoren Chick, MD, FACP**, Senior Vice President, Medical Education, American College of Physicians, Philadelphia, PA

**Alla Fayngersh, MD**, Department of Medicine, Rutgers New Jersey Medical School, Newark

**Dayna Fondell, MSN, RN**, Senior Clinical Manager for Quality & Engagement, Camden Coalition of Healthcare Providers, Camden

**Zil Goldstein, MSN**, Assistant Professor of Medicine; Program Director, Mount Sinai Health System's Center for Transgender Medicine and Surgery, Icahn School of Medicine, New York, NY

**Daniel Goldsmith, MD**, Associate Director, Internal Medicine Residency Program, Capital Health, Trenton

**Saba A. Hasan, MD, FACP**, Internal Medicine Residency Program, Capital Health, Trenton

**Nayan Kothari, MD, FACP**, Chair, Internal Medicine, St Peter's Healthcare System, New Brunswick

**Vani Maddali, MD**, ACPNJ Wellness Champion, Internal Medicine Physician, Livingston

**Daniel Matassa, MD**, Associate Program Director, Internal Medicine Residency, Rutgers New Jersey Medical School, Newark

**Amesika Nyaku, MD, MS**, Assistant Professor, Infectious Diseases, Rutgers New Jersey Medical School, Newark

**Ritesh Patel, MD**, Associate Program Director, Internal Medicine Residency, Cooper University Hospital, Camden

**Nicole Polini, MD**, Radiology, Subspecialty Breast Imaging and Intervention, RWJ Barnabas Health, New Brunswick

**Tamie Proscia-Lieto, MD, MBA, FACP**, Clinical Associate Professor, Early Clinical Experience (Primary Care Skills and OSCE) Course Director, Touro College of Osteopathic Medicine, Middletown, NY

**Kathy Pruzan, PsyD**, Director of Evaluation Services, Center for Motivation and Change, New York, NY

**Nikolaos Pырsopoulos, MBA, MD**, Associate Professor and Clinical Director, Division Director, Gastroenterology and Hepatology; Medical Director Liver Transplantation, Department of Medicine Rutgers New Jersey Medical School, Newark

**Michael Steinberg, MD, MPH, FACP**, Director, Tobacco Dependence Program and Director of Executive Health Program, Robert Wood Johnson University Hospital, New Brunswick

**Sunil Sapru, MD, FACP**, Program Director, Barnabas Health Medical Group, West Orange

**Linda Thomas-Hemak, MD**, President and CEO at The Wright Center for Graduate Medical Education, Jermyn, PA

**John Torontow, MD**, Regional Medical Director, Aledade, Inc., Bethesda, MD (tentative)

**Nicholas Tullo, MD, FACC, FHRS**, Cardiac Electrophysiologist, State University of New York Upstate Medical University, Consultants in Cardiology, West Orange

**Sara L. Wallach, MD, FACP**, Internal Medicine Residency Program Director, Chair, Department of Medicine, St. Francis Medical Center, Trenton

**Mark Jay Zucker, MD, JD**, Director, Cardiothoracic Transplantation Program at RWJBH/Newark Beth Israel Medical Center, New Brunswick

## Program Committee

**Mirela C. Feurdean, MD, FACP**, Chair

**Tamie Proscia-Lieto, MD, MBA, FACP**, *Vice Chair*

**Saba A. Hasan, MD, FACP**, Southern Region Governor

**Jonathan B. Shammash, MD, FACP**, Northern Region Governor

**Daniel Goldsmith, MD**

**Dan Matassa, MD**

**Ritesh Patel, MD**

**Sara Wallach, MD, MAFP**

**Theresa J. Barrett, PhD, CMP, CAE** (Staff Liaison)



# Meeting Information

## CME Accreditation – Scientific Meeting

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the New Jersey of Academy of Family Physicians and the American College of Physicians New Jersey Chapter. The New Jersey Academy of Family Physicians is accredited by the ACCME to provide continuing education for physicians.

The New Jersey Academy of Family Physicians designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participants to earn up 4.50 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the

amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participants' completion information to ACCME for the purpose of granting ABIM MOC credit.

## CME Accreditation - Post Conference on Practice Management

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the New Jersey of Academy of Family Physicians and the American College of Physicians New Jersey Chapter. The New Jersey Academy of Family Physicians is accredited by the ACCME to provide continuing education for physicians.

The New Jersey Academy of Family Physicians designates this live activity for a maximum of 4.0 *AMA PRA Category Credit(s)*<sup>TM</sup>.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.



# Maintenance of Certification

## ABIM SEP Modules Session for Maintenance of Certification

March 22, 2019

2018 Update in Internal Medicine  
2018 Update in Hospital Medicine

### SEP Faculty

Nayan Kothari, MD, FACP  
Sunil Sapru, MD, FACP  
Sara Wallach, MD, FACP

### SEP Learning Objectives

- Participate in group discussion to determine answers to multiple-choice questions.
- Apply updated knowledge of internal medicine to clinical practice
- Discuss recent advances in internal medicine
- Complete an ABIM SEP Module toward partial fulfillment of the ABIM's Maintenance of Certification

### SEP CME Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the New Jersey Academy of Family Physicians and the American College of Physicians New Jersey Chapter. The New Jersey Academy of Family Physicians is accredited by the ACCME to provide continuing education for physicians.

The New Jersey Academy of Family Physicians designates this live activity for a maximum of *6.00 AMA PRA Category 1 Credit(s)*<sup>TM</sup>.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Who Should Attend the SEP Modules

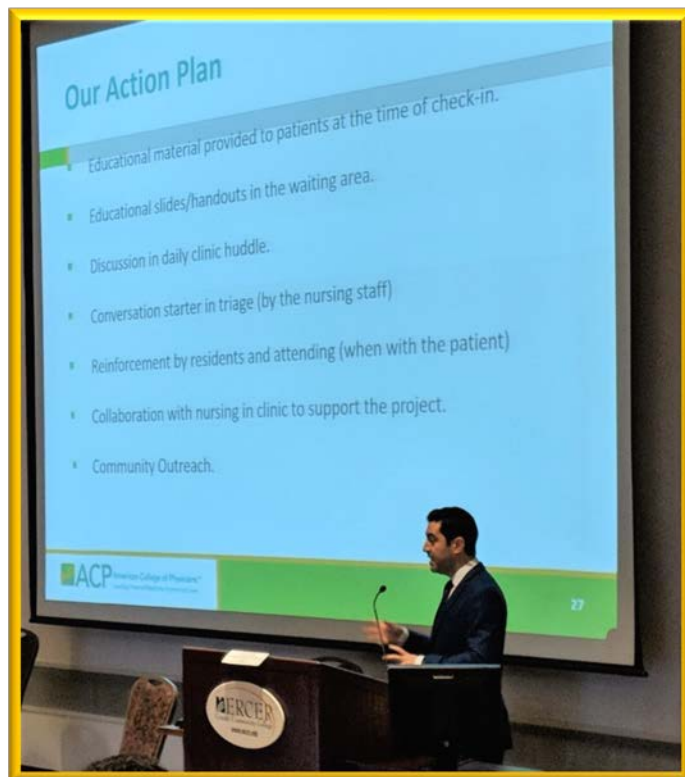
- Internists participating in the ABIM Maintenance of Certification Program
- General internists
- Family practitioners
- Subspecialty physicians

### SEP Note

The New Jersey Chapter will provide you with a learner's copy of the ABIM module(s) at the meeting. If you are enrolled in the ABIM's Maintenance of Certification program, you also must order the module\* directly from the ABIM by visiting [www.abim.org/online](http://www.abim.org/online). After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit. For more information about the ABIM's Maintenance of Certification program, visit [www.abim.org/moc](http://www.abim.org/moc) or call ABIM at 800-441-ABIM (2246).

This module is eligible for 6 MOC points (3 per module) through ABIM.

\*If you are already enrolled in the ABIM Maintenance of Certification program, there is no additional fee for this official version of the module. If you are not enrolled, you may attend the Learning Session; however, you must enroll before receiving Maintenance of Certification points for the knowledge module. To enroll, [visit www.abim.org/online](http://www.abim.org/online).



# Additional Information

## Questions

For registration information, contact ACP Customer Service (M–F, 9 a.m.–5 p.m. ET) toll-free at 800-523-1546, ext. 2600 or direct at 215-351-2600. You may also [e-mail custserv@acponline.org](mailto:custserv@acponline.org) or fax 215-351-2799.

If you have questions about the chapter, the meeting program, or have a disability or any special dietary needs, please contact Kris Samara at (609) 454-8517, or through e-mail [kris@acpnj.org](mailto:kris@acpnj.org).

## Directions/Parking

Go to <http://www.marriott.com/hotels/maps/travel/ttndf-princeton-marriott-at-forrestal/> and scroll down to Driving Directions. The Princeton Marriott Forrester is located at 100 College Road East, Princeton, NJ 08540.

## Hotel Accommodations

We have reserved a small block of rooms at the Princeton Marriott Forrester at following rates until Friday, March 1, 2019. When making your reservation, be sure to mention that you will be attending the ACPNJ 2019 Scientific Meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling Marriott reservations at (800) 228-9290 or the hotel directly at (609) 452-7800.

Thursday, March 21  
Single/Double: \$124.00 ++

Friday, March 22  
Single/Double: \$124.00++

Princeton Marriott Forrester  
100 College Road East  
Princeton, NJ 08540

## Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

## Registration Information

### Late Registration & On-site Fees

All registrations must be received by Monday, February 18, 2019 or a late registration fee will be

added. This includes on-site registrations. Save money by registering now!

### Cancellations/Refunds

Notice of cancellation must be made in writing (fax, mail, or e-mail). Cancellations will not be accepted by telephone. A processing fee of \$25 will be deducted from the member's refund. Individuals who fail to attend the course (no-shows) will not be entitled to any refund. No refunds will be granted after March 11, 2019.

## Contact Us



### BY INTERNET

(Credit Card only)  
Visit us on the Web  
[www.acponline.org/chapters](http://www.acponline.org/chapters)



### BY MAIL

Make check or money order payable to ACP.  
AC002  
American College of Physicians  
190 N. Independence Mall West  
Philadelphia, PA 19106-1572



### BY FAX

(Credit Cards only)  
215-351-2799



### BY PHONE

Call 800-523-1546, ext. 2600,  
or 215-351-2600  
(M–F, 9 a.m.–5 p.m. ET)



Princeton, NJ • March 22, 2019

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ACP #

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Last Name \_\_\_\_\_ First Name \_\_\_\_\_  MD  DO  OTHER

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Address \_\_\_\_\_

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City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

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Preferred Phone \_\_\_\_\_ Fax \_\_\_\_\_ Email \_\_\_\_\_

- Please check here to indicate a permanent change to your preferred address for all College mailings.
- Please exclude me from receiving mailings from the meeting exhibitors.
- Check here if you are disabled and require assistance. Please notify the Chapter in writing before your course. We'll be glad to help.
- Pictures will be taken during the conference. By registering for the conference, you acknowledge that there is a possibility your picture, audio or video image may be taken and that the event organizers can use the photo, audio or video for marketing purposes and that you will not be entitled to any compensation for the photo or video.

Categories – Member Rate	Early Bird Ends Monday, February 18, 2019	Regular After Monday, February 18, 2019
<input type="checkbox"/> ACP Member	\$195	\$230
<input type="checkbox"/> ACP Resident/Fellow Member	\$125	\$160
<input type="checkbox"/> ACP Medical Student Member	\$0	\$0
<input type="checkbox"/> Nonmember Physician	\$295	\$330
<input type="checkbox"/> Nonmember Resident*	\$150	\$185
<input type="checkbox"/> Nonmember Medical Student*	\$0	\$0
<input type="checkbox"/> Nonmember Allied Health Professional	\$295	\$330
<input type="checkbox"/> Other (guest/spouse)–if applicable	\$50	\$75
<input type="checkbox"/> 2018 Update in Internal Medicine (ACP Member) ++	\$0	\$0
<input type="checkbox"/> 2018 Update in Internal Medicine (Nonmember)^^	\$90	\$125
<input type="checkbox"/> 2018 Update in Hospital Medicine (ACP Member) ++	\$0	\$0
<input type="checkbox"/> 2018 Update in Hospital Medicine (Nonmember)^^	\$90	\$125

\*Nonmember Residents and Medical Students cannot register online and must register by contacting Customer Service at 800-523-1546, ext. 2600 in order to get the correct registration rate.

++ ACPNJ members must register at the member rate in order to attend a SEP module.

^^ Nonmembers must register at the nonmember rate in order to attend a SEP module.

## Post Conference on Practice Management - March 23, 2019

Categories	Early Bird Ends Monday, February 18, 2019	Regular After Monday, February 18, 2019
<input type="checkbox"/> ACP Member	\$150	\$185
<input type="checkbox"/> ACP Resident Member	\$100	\$135
<input type="checkbox"/> ACP Medical Student Member	\$0	\$0
<input type="checkbox"/> Nonmember Physician	\$200	\$235
<input type="checkbox"/> Nonmember Resident*	\$125	\$160
<input type="checkbox"/> Nonmember Medical Student*	\$0	\$0
<input type="checkbox"/> Nonmember Allied Health Professional	\$200	\$235

\*Nonmember Residents and Medical Students cannot register online and must register by contacting Customer Service at 800-523-1546, ext. 2600 in order to get the correct registration rate.

- BKFT: Breakfast – 7:00 a.m.
- SEP IM: SEP Internal Medicine – 8:00 a.m.
- BO 1 AM: Amyloidosis and Cardiac Involvement – 10:15 a.m.
- BO 2 AM: Syncope: Update for 2019 – 10:15 a.m.
- BO 3 AM: HIV Prevention- PrEP and PEP – 10:15 a.m.
- BO 4 AM: Care of the Transgender & LGBTQ Patient – 10:15 a.m.
- LUN1: General Networking Lunch – 12:00 p.m.
- LUN2: Proud to Be GIM – 12:00 p.m.
- SEP HM: SEP Hospital Medicine – 1:30 p.m.
- BO 1 PM: Amyloidosis and Cardiac Involvement – 3:00 p.m.
- BO 2 PM: Syncope: Update for 2019 – 3:00 p.m.
- BO 3 PM: HIV Prevention- PrEP and PEP – 3:00 p.m.
- BO 4 PM: Care of the Transgender & LGBTQ Patient – 3:00 p.m.
- RECP: Story Slam 2019 & IMG Reception – 5:15 p.m.
  
- RM1965A - Post Conference on Practice Management–8:00 a.m.

### Payment Options

Check enclosed.  
(Payable to **ACP**. Must remit in U.S. funds drawn on a U.S. bank.)

Charge to:        

Card # \_\_\_\_\_

Exp. Date \_\_\_\_ / \_\_\_\_ Security Code \_\_\_\_\_

Signature: \_\_\_\_\_

**Grand Total \$** \_\_\_\_\_

### Mail to:

American College of Physicians  
190 N. Independence Mall West  
Philadelphia, PA 19106-1572