

# St Francis Medical Center Residency Program Community Outreach Projects

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## MISSION

Our residency program aims to become an integral part of the Trenton community by promoting culturally - sensitive health care and education. We give lectures to churches, organize community events, and educate people about the importance of age appropriate screenings i.e colonoscopy, mammogram, as well as vaccines i.e Pneumococcal, seasonal influenza, hep B etc.

### Age appropriate screening Dec 2019

We noticed that a substantial number of patients from the Trenton community usually present to our hospital for the first time with diseases such hypertensive emergency, influenza pneumonia, acute coronary syndrome, advanced colon cancer, lung cancer and prostate cancer due to poor health literacy, and poor compliance with medical care. We decided to change that, by actually going out into the community to try and meet these people before they come in.



## PROJECTS



### National Heart month Heart Talk Feb 2020

For this year's national Heart month, we developed a lecture about the most common cardiovascular diseases. About 30-50 Trentonians were in attendance. Our goal was to get some of these people who were mostly over 50 year old, to establish care with their PCP, know the signs of cardiovascular disease and be educated about the risk factors and the importance of family history.



## PROJECTS CONTD...

