Transitioning from PGY-1 to PGY 2

Himabindu Lanka, MD, FACP
Academic Hospitalist/Geriatrician, Cooper University Hospital
Assistant Professor of Medicine, CMSRU
Objectives

• Tips to remember
• Structure of a month on service
• Goals to consider in future planning
• Case scenarios
Tips to remember

• “As soon as you meet your July 1 intern, though, you’ll know how much you’ve learned and how much you have to teach.” -Dr. Spencer

• YOU ARE NOT ALONE!!!!!
Structure of your month: Communication Checklist

**DAY 1 COMMUNICATION CHECKLIST**

**INTRODUCTIONS**
- What’s 1 teaching goal for the month?
- What’s 1 wellness goal for the month?
- What are you going home to?
- What’s important to you about medicine?

**EXPECTATIONS**
- What’s worked for you in the past?
- Who have you learned the most from?
- What are your pet peeves?

- Honest conversation: What do you each expect from each other?
Structure of your month: Leading and Understanding your learners

MANAGING PGY1s: WILLING/ABLE?

<table>
<thead>
<tr>
<th>ABLE &amp; WILLING</th>
<th>ABLE &amp; UNWILLING</th>
</tr>
</thead>
<tbody>
<tr>
<td>GO FOR IT!</td>
<td>BUILD CONFIDENCE</td>
</tr>
<tr>
<td>TRUST BUT VERIFY</td>
<td>TRUST BUT VERIFY</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>UNABLE &amp; WILLING</th>
<th>UNABLE &amp; UNWILLING</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADDRESS WHAT'S MEANINGFUL TO THEM: PATIENT SAFETY</td>
<td>WHAT'S THEIR MOTIVATION?</td>
</tr>
<tr>
<td>SET SPECIFIC TRIGGERS TO CALL YOU</td>
<td>TRUST BUT VERIFY</td>
</tr>
<tr>
<td>TRUST BUT VERIFY</td>
<td>TRUST BUT VERIFY</td>
</tr>
</tbody>
</table>
Goals to consider for future planning

Think about future plans: fellowship vs hospitalist vs outpatient practice
Start thinking about how to get to your destination after residency
  Elective rotations
  Research
  Publications
  Committees
Prepare for chief resident role if interested
Professional organizations: ACP
Community Service
References

• [http://thecurbsiders.com/podcast](http://thecurbsiders.com/podcast): Dare to Lead: Navigating the PGY1-2 Transition with Dr. Abby Spencer and Dr. Shreya Trivedi
If your troops stop bringing you their problems, it means they think you don’t care or you can’t help”

- Colin Powell

THANKS