

Transitioning from PGY-1 to PGY 2

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Objectives

- Tips to remember
- Structure of a month on service
- Goals to consider in future planning
- Case scenarios

Tips to remember

- “As soon as you meet your July 1 intern, though, you’ll know how much you’ve learned and how much you have to teach.” -Dr. Spencer
- YOU ARE NOT ALONE!!!!

Structure of your month: Communication Checklist

DAY 1 COMMUNICATION CHECKLIST

INTRODUCTIONS

- WHAT'S 1 TEACHING GOAL FOR THE MONTH?
- WHAT'S 1 WELLNESS GOAL FOR THE MONTH?
- WHAT ARE YOU GOING HOME TO?
- WHAT'S IMPORTANT TO YOU ABOUT MEDICINE?


EXPECTATIONS

- WHAT'S WORKED FOR YOU IN THE PAST?
 - WHO HAVE YOU LEARNED THE MOST FROM?
 - WHAT ARE YOUR PET PEEVES?
-
- HONEST CONVERSATION: WHAT DO YOU EACH EXPECT FROM EACH OTHER?

THE CURB
SIDERS
INTERNAL
MEDICINE

Structure of your month: Leading and Understanding your learners

<u>MANAGING PGY1s: WILLING/ABLE?</u>	
<u>ABLE & WILLING</u>	<u>ABLE & UNWILLING</u>
GO FOR IT! TRUST BUT VERIFY	BUILD CONFIDENCE TRUST BUT VERIFY
<u>UNABLE & WILLING</u>	<u>UNABLE & UNWILLING</u>
ADDRESS WHAT'S MEANINGFUL TO THEM: PATIENT SAFETY SET SPECIFIC TRIGGERS TO CALL YOU TRUST BUT VERIFY	WHAT'S THEIR MOTIVATION? TRUST BUT VERIFY



Goals to consider for future planning

Think about future plans: fellowship vs hospitalist vs outpatient practice

Start thinking about how to get to your destination after residency

Elective rotations

Research

Publications

Committees

Prepare for chief resident role if interested

Professional organizations: ACP

Community Service

References

- <http://thecurbsiders.com/podcast>: Dare to Lead: Navigating the PGY1-2 Transition with Dr. Abby Spencer and Dr. Shreya Trivedi

If your troops stop bringing you their problems, it means they think you don't care or you can't help"

- Colin Powell

THANKS